

# You're invited to attend Active Parenting

For Parents of Kids ages 5-12

It's a tremendous responsibility to raise your children to be thoughtful, responsible, confident people. You can achieve a fuller, more satisfying family life, and help your children achieve greater happiness and success. In these 6 sessions filled with videos, discussions, and real-world examples *ACTIVE PARENTING* will give you the support and techniques you'll need to meet these challenges. You'll learn:

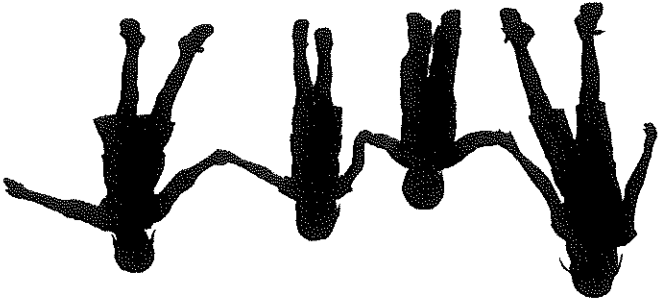
- Methods of nonviolent discipline that really work
- Skills to open lines of communication—before they get clogged
- To prevent future problems with drugs, alcohol, and other issues
- To encourage school success
- To stop scolding your kids and to start smiling with them again

**To sign up please contact:**

**Carolina Esquivias**  
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OR

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**Wednesdays,**  
**5:00-7:00 p.m.**  
**Sept. 26 – Nov. 14**

**Location** TUSD offices,  
near Torrance High School

**Free Refreshments**  
at each session

